PIMPLE is a young girls and boys problem related to their complexion.
It is a trouble to marriage going youngsters. Sometime this would be a prolong situation people has to face.
In such situation patients are using local applications rather than taking treatment on root cause.
Most of the cases root cause is related to digestive system and life style of it.
Cause
1)digestive disorders
2)ACDT
3)chronic constipation
4)less water intake
5)hormonal imbalance especially in ladies ,due to hormonal therapy

6)dandruffs
7)insomnia
8)fastfoodâ€"heavy calorie diet
9)OILY SPICY DIET, repeated fried substances
10)irregular time of diet
11)less exercise
Etc.
Ayurveda treats basic principles
I have taken many trials in more than 100 patients
Ayurvedic medicinal tablets and Panchakarma corrects very chronic pimples

Blood impurities and extra hormonal secretions increases sebaceous gland secretion which causes bacterial growth in skin results pimples.

Pimples

Ayurveda eradicate the heat of body through natural tract by GI system. it normalizes the constipation, also normalize the hormonal imbalance by ayurvedic medicines ,which are not giving any side effects.

OVERALL IT GIVE VERY EFFECTIVE RESULTS FOR PIMPLES SO PATIENT MUST TRY FOR AYURVEDIC MEDICINES ONCE